

Trinity TRUMPET

✝ The Church of the Holy Trinity ✝ Issue 6 / October / 2017 ✝

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Sundays at Holy Trinity

| | |
|----------|-----------------------------------|
| 8:00 am | Holy Eucharist |
| 9:00 am | Adult Forum |
| 10:15 am | Holy Eucharist & Sunday School |

Third Sunday of the month—
Contemporary Family Service
with the Praise Band

Thursdays in the Chapel

| | |
|----------|----------------|
| 12:15 pm | Holy Eucharist |
|----------|----------------|

Trinity TRUMPET

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received by **October 27.****



Gone to Eternal Life

Betty D. Falco



Cover art: An antique
Chinese carved and gilded
wooden panel.
From a private collection.

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BIRTHDAYS IN OCTOBER



- | | |
|----|----------------------|
| 4 | Francis DiStefano II |
| 12 | Mason Felton-Reid |
| 14 | Grace Jensen |
| 18 | Susan Spaeth |
| 24 | Timothy Nelson |
| 27 | Foster Adams |
| 29 | Christian Pinero |
| 30 | Maureen Fleet |



HAPPY ANNIVERSARY

Carl and Shari Loges
Scott and Regina Morgan
Steve and Eileen Buckheit
Douglas and Jan Grover
Fred and Elizabeth Wiese

October Tidbits

Birthstone: Opal
Flower: Calendula



From the Interim Rector's Perch

Jesus said, “Look at the birds of the air....” (Matt 6:26a)

AS MOST OF YOU KNOW, I was recently on a bird-watching vacation in Costa Rica. Like all tropical countries, Costa Rica is full of birds of riotous colors and wild names. When I keep a bird list on a walk at home, it is relatively easy to scribble down our finds: Blue Jay, House Finch, Common Grackle, Tree Swallow, American Robin, etc. But just try keeping a list in Costa Rica: Gray-headed Chachalaca, Bare-throated Tiger-Heron, Bronze-tailed Plumbeateer, Scaly-throated Leaf-tosser, Red-legged Honeycreeper, Chestnut-headed Oropendola, and the one that got away: the Three-wattled Bellbird. Genesis tells us that at the time of creation God gave Adam the job of naming the animals. What on earth was Adam thinking?

I just read an article written by a renowned author and ornithologist in which he gave what one might consider to be the most basic birding instruction of all: look up. Now this article appeared in a prominent birding publication, so you would think that he was “preaching to the choir!” Surely those looking for birds would think to look up. But as the author wrote, that is not always the case. We look around us more than we look up, apparently. No wonder that when Spring Migration occurs in Connecticut and the Warblers—who tend to hang out in the tippy tops of the trees—are the birds to see, one hears many a birder complaining about having “warbler neck” from stretching upwards into unusual positions while holding binoculars.

We need to look up, though. When we do so, when we dare to adjust our vision upwards, probing the depths of the blue or clouded skies, we are often rewarded with beautiful sights. In Costa Rica my traveling companion was a fellow hawkwatcher. We are a bit more used to scanning the skies overhead than some birders, so whenever the rain forest opened up a little to reveal even a puny patch of blue, we were all over it. And we were rewarded for our efforts. Twice we looked up to see migrating groups of Swallow-tailed Kites (as in the picture above.) They formed big “tornados” (known
(continued on next page)

in migration language as “kettles”) as they climbed up and up on the thermal streams and then when just the right altitude had been gained, they would peel off heading south in a long, single file flight. With their brilliantly contrasting white and black feathers and long, deeply forked tails, they were a dazzling sight. They were on their way far into South America to spend the winter.

I am profoundly grateful for the opportunity of birding. I often think of Jesus’ words to the disciples in the Sermon on the Mount admonishing them to look at the birds and consider the lilies. When I studied Greek, I learned that these phrases are direct commands with verbs expressed in the imperative mood. That means the hearer is being charged with performing a certain action. In truth, Jesus did not give all that many such commands. Although people were always trying to get him to give them a simple law or formula to bring them into right relationship with God, Jesus’ teachings were usually much more oblique. So when I read a command from Jesus’ mouth, I pay attention.

Of course the context of this part of the Sermon on the Mount was a teaching about how the disciples needed not to worry so much about the necessities of life: what to eat or drink, or what to wear. To explain the concept, Jesus referred them to other parts of creation. Look at the birds of the air. They don’t work for a living, and yet God feeds them. And consider the lilies. They don’t sweat it out over their looms or even shopping at Filene’s basement and yet they are more beautifully clothed than was King Solomon in all his glory. From the way in which the observable world—created by God—works, we are able to draw conclusions about who God is and who we are in relation to our Creator.

Saint Paul chastised anyone who would claim not to know God as an excuse for their misbehavior. “For what can be known about God is plain to them, because God has shown it to them. Ever since the creation of the world his eternal power and divine nature, invisible though they are, have been understood and seen through the things he has made. So they are without excuse.” (Romans 1:19-20) In other words, even if we did not have the Gospel, we would have to know God and how God works by observing nature, which God created. Just think about millennia of human beings looking up. They were learning about God.

All of this says to me that contemplating creation is not an idle matter. It is something all of us should do regularly. Whether you study birds, lilies, or the wonders of outer space, contemplating those things puts you closer to your Creator. It tells you a lot about God, and ultimately about your relationship to God. Whenever you marvel at the sight of a beautiful bird, or at the intricacy of a flower, or at the mystery of the cosmos, you are praising God. Glorifying our Creator has the power to put us into right relationship with him/her. So listen to Jesus. Look up.

Jana +

Parish News & Local Happenings . . .

Transition Team

We have assembled our Transition Team to help us prepare for our transition to calling a new rector. Team Members commissioned are: Marie Burlette, Steve Horst, Jean Maynard, Andrew Milliken, Diane Reid, Eric Rennie, and Stacy Rich, with Alternate Team Member Hector Pinero. Once the Team starts meeting, they will keep the parish fully informed. They will be meeting with our Transition Consultant, Joseph Krasinski, within the next few weeks to begin their journey of discernment, preparing our "portfolio" to be shared with the ECCT and interested candidates. Keep them in your prayers. You are also invited to participate in the Prayer Team on Thursday evenings from 4-5 p.m. in the library.

Youth Group

On **Saturday October 14**, all are invited to join the youth group on a trail hike at Gillette's Castle State Park in East Had-dam CT. We'll meet there at 10am. Bring a bagged lunch, water bottle, sunscreen and appropriate footwear. There is no fee to access the grounds. Please RSVP to Ash Pierce (Saylor) so we have a head count.

First Tuesday, October 3rd - there will be 5:30 Dinner followed by a tour of the stained glass windows in the Sanctuary, led by Parish Historian Diane Reid.

November First Tuesday will be 5:30 Dinner followed by Clothing Closet winterizing. We will help change over the clothes to winter season and pack away the summer things.

Blessing of the Animals

South Green on **Sunday, October 8th** at **1:30 p.m.**

All are welcome. Bring your pet(s) appropriately caged or restrained



Amazing Challenge

Amazing Grace Food Pantry invites you to the 2017 Amazing Challenge. Please join the staff, volunteers, advisory board members, donors and guests who will gather to celebrate the community's commitment to share its food. Come and enjoy a delicious Soup Supper served by local celebrity servers! Thursday, **October 19 from 5-7 p.m.** at **Cross St. AME Zion Church**, 440 West St., Middletown.

Crafters Wanted . . .

for the **Holy Trinity Holiday Fair, December 2nd**. For an application, go to www.holytrinityct.org

Email the church office at office.holytrinityct@gmail.com, or call the church office at 860-347-2591. \$35 for a 6-foot table.

Centering Prayer

You are invited to join the Centering Prayer group which meets most Wednesdays at 7 p.m. at **St. Pius X Church**, 310 Westfield St., Middletown. For more information call the office at 860-347-4441.

ECW News & Notes

The Town-Wide Tag Sale held on September 16th turned out to be a success. Thanks to all that helped in any way. Marie Burlette and her group did an outstanding job with the tag sale held on the church front lawn. Last count was approximately \$1000, to be used for field trips and outreach. The registration fee for the tag sale itself reaped approximately \$1800 to be used for outreach.



The next project will be the **December 2nd Holiday Fair**. Please be thinking about what you can do to contribute your talents or services on that day. We are still looking for them

baskets; place them in the back of church on Sundays. Other areas are plants, baked goods, knitted and sewn items, cookie walk, jams and jellies, etc. We will have more info as we go along. Vendors are still being sought (see Taylor



Duckworth). Marie Burlette is again in charge of the White Elephant room. New items for the Silent Auction and Tea Cup Auction are needed (see Pam Ferguson). We will once again have the African Safari Trip up for bid. Handmade items of all kinds are needed.

— Sharon Sheedy

Safe Church Training

There are several options for Safe Church Training this Fall. Option #1 is full day in-person sessions on Oct. 14 at Old St. Andrew's in Bloomfield, and Oct. 21st at Christ Church in Ansonia. Option #2 has an online component followed by an abbreviated in-person component. Dates for Option #2 are Oct. 17th at St. Michael's, Naugatuck; Oct. 26th at St. James', Farmington; Oct. 28th at St. Timothy's, Fairfield; and Nov. 20th at St. John's, Vernon. Training is good for 3 years, then you must be recertified.



Lay Recertification Training will be held on Oct. 16th at Christ Church, Pomfret. Go to the ECCT website at episcopalct.org and type in **Safe Church Training** for online registering

Recipe of the month. . .



Ginger Brandy Tea Cake

Ingredients:

- 1/2 cup unsalted butter
- 1 cup sugar
- 2 large eggs
- 1/2 teaspoon salt
- 1/4 teaspoon vanilla extract
- 1 teaspoon ground ginger powder
- 2 cups unbleached white flour
- 2-1/2 teaspoons baking powder
- 1/4 cup brandy
- 1/4 cup whole milk
- 3/4 cup diced crystallized ginger
- For the glaze:* 1/4 cup sugar
- 1/4 cup brandy

Preparation:

- 1.** Butter a 9-inch molded cake pan or Bundt pan, and dust lightly with flour. Invert pan and tap gently to remove excess flour. Set pan aside. Preheat oven 350° F.
- 2.** In bowl of an electric mixer, cream the butter with the sugar until light and fluffy – about 3 to 5 minutes.
- 3.** Add eggs, one at a time, beating slowly after each egg. Add the salt, vanilla extract, the ground ginger, the chopped crystallized ginger pieces, and mix slowly until all ingredients are blended.

- 4.** In a separate bowl sift the flour and baking powder together. Add the flour mixture a little at a time, alternating with the brandy and milk until fully blended with other ingredients. Do not overmix!
- 5.** Spoon the batter into the prepared cake pan. Tap the pan firmly several times on the countertop (to remove air pockets), and bake in center of preheated oven for 45-50 minutes until done. You can test if cake is done by inserting a thin skewer into the cake. If it comes out clean, it is done. Also, the cake should be slightly firm to the touch and have separated a little from the side of the cake pan.
- 6.** When cake is done, place pan on a rack to cool (15-20 minutes). While cooling, prepare the glaze (see below). Afterwards, turn cakepan upside down and place on plate. If it doesn't come out, tap the pan gently but firmly with a wooden spoon.

The Glaze:

In a small pan add the brandy and the sugar and bring to a boil. Let simmer for 2-3 minutes. Stir occasionally. With a small skewer or toothpick, prick the entire surface of the cake, then brush on the glaze. Repeat until glaze has been used – or save a little to brush on each slice just before serving.

(If you choose not to glaze the cake, then dust with confectioner's sugar just before serving.)

— *recipe courtesy Sundial Gardens, Higganum*



EARTH MINISTRY:

By Dortha Cool Willetts

Climate Change Threatens Earth's Parasites

IF you have been concerned about climate change causing the disappearance of polar bears the extinction of tigers, elephants, wild salmon, and many other species of animals, you might be more concerned about the latest study that predicts the extinction of nearly one-third of the Earth's parasites by 2070. (*Julia John, 9/18/17, The Wildlife Society*)

Doctoral candidate Colin Carlson in his studies at the University of California, Berkeley, stated that "Parasites going extinct is bad for the ecosystems. We think of parasites as a bad thing, but they play a lot of incredibly important roles in the ecosystems. The extinction of certain parasites could even facilitate invasions by more harmful ones in new environments, with enormous consequences for wildlife and people." (*Julia John*)

Carlson was the author on the study which produced conclusions during the first week of September that have been confirmed by a global team of biologists: "Parasite species worldwide are threatened by climate change and their extinction could upset ecological and human health."

According to Pen Panko, Smithsonian.com, Carlson was even more emphatic: That kind of mass die-off could spell ecological disaster. "One thing we've learned about parasites in the past

decade is that they're a huge and important part of ecosystems that we've really neglected for years," Carlson reiterated.

The Smithsonian stated that most people do not understand how important parasites' role is on mutual systems. That role includes "helping to keep the wildlife population under control, and keeping the power flowing across the food chain." Also, they refer to a healthy environmental method because parasites are complex organisms that include host species. Parasites are a good indicator of a healthy environment with healthy varieties of animals.

One example of how the removal of one species can affect the ecosystem is that of wolves, who were eliminated in parts of the U.S. allowing populations of their prey to consume enormous areas of local plants. When the wolves were restored to places like Yellowstone, the prey population was kept in check and local plant life thrived.

Another example, specifically of parasites, is the deer tick which spreads Lyme diseases and other infections. Scientists expect its habitat to increase by 213 percent by the 2080s, and scientists don't know what effect that spread will have on the ants, spiders, wasps and birds that eat ticks, or the deer and humans that suffer in their wake.

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Carlson states that when a known parasite goes extinct, it creates new open niches in an ecosystem for other invasive species of parasites to exploit. Carlson also pointed out that migrating parasites could arrive in ecosystems where other parasite species are disappearing. With less competition, they may be able to wreak more havoc on animal hosts and cause new human diseases. “If parasites are keeping disease down in wildlife, they might also be indirectly keeping diseases down in humans,” stated Carlson, “and extinction might cause us to lose that [protection].” (*Carl Zimmer, 9-13-17 New York Times*)

Critters that currently live in warmer climates will move up north – which means more parasites may move up into the U.S. and Canada. It’s not clear how parasites that evolved in one environment will behave in a different place. But the fact that they’re likely to have fewer natural

predators and less competition for the resources they require doesn’t bode well. “I think this is sort of the big unknown,” says Carlson. “A new wave of invading parasites will be coming.” (*Ellen Airhart, 9/11/17, Popular Science.*)

The challenge for scientists is to convince the public to increase steps to fight global warming.



Carlson and other researchers had the help of the Smithsonian’s National Parasite Collection and the curator of the Collection research zoologist Anna Phillips.

A Prayer in Response to Natural Disasters

(courtesy of Washington National Cathedral’s web site)

ALMIGHTY GOD, sustain all in places around the world affected by hurricane and wind, fire and flood, earthquake and unrest; that they may know the consolation of your healing and reconciling love. Surround with your life-giving Spirit all involved with recovery efforts; that they may be a comfort to those they serve. And we commend to your mercy all who have died, that your will for them may be fulfilled. All this we ask through your Son our Savior Jesus Christ. AMEN.

OCTOBER 2017

KEY: AF = Adult Forum, BS = Bible Study, CC = Confirmation Class, CH = Chapel, CR = Century Room, CMR = Community Room, HE = Holy Eucharist, LIB = Library, LCC = Lighthouse Church, OE/A = Overeaters Anonymous, PB = Praise Band, PCO = Pastoral Care Office (next to CMR), PH = Parish Hall, SS = Sunday School, WSG=Women's Support Group

1 – Sunday – Pentecost 17

8:00 a.m. Holy Eucharist
9-10 a.m. Choir Practice/BSMT
9:00 a.m. Adult Forum/CH
10:15 a.m. Holy Eucharist & Sunday School
1:00 p.m. LCC/CH & SANC
6:00 p.m. NA/PH

2 - Monday

10:00 a.m. NA/PH
12:00 - 5:00 p.m. Carl Loges/ PCO
6:00 p.m. OEA/ CMR
7:00 p.m. Buddhist/LIB
7:00 p.m. Nar-Anon/CR

3 - Tuesday

**5:30 p.m. First Tuesday/ Dinner and
Tour of Stained Glass Windows**
7:00 p.m. LCC/CH

4 - Wednesday

9-11 a.m. Clothing Closet/BSMT
10:00 a.m. NA/PH
12:00–5:00 p.m. Carl Loges/ PCO
6:30 p.m. Tai Chi/PH
7:00 p.m. Praise Band/SANC

5 - Thursday

10:00 a.m.-2:00 p.m. House of Talents/CMR
12:15 p.m. Holy Eucharist/CH
4-5 p.m. Prayer Group/LIB
6:00 p.m. WSG/CR
7:00 p.m. LCC Worship Prac./CH & SANC.

6 - Friday

10:00 a.m. NA/PH
12:00 –5:00 p.m. Carl Loges/ PCO
6:00 p.m. NA/PH

7 – Saturday

6:00 p.m. NA/PH

8 – Sunday – Pentecost 18

8:00 a.m. Holy Eucharist
9-10 a.m. Choir Practice/BSMT
9:00 a.m. Adult Forum/CH
10:15 a.m. Holy Eucharist & Sunday School
1:00 p.m. LCC/CH & SANC
1:30 p.m. Blessing of the Animals/South Green
6:00 p.m. NA/PH

9 - Monday – Columbus Day - office closed

10:00 a.m. NA/PH
12:00 –5:00 p.m. Carl Loges/ PCO
6:00 p.m. OEA/ CMR
7:00 p.m. Nar-Anon/CR
7:00 p.m. Buddhist/LIB

10– Tuesday

6:00 p.m. NA Conv./CR
7:00 p.m. LCC/CH

11 - Wednesday

9-11:00 a.m. Clothing Closet/BSMT
10:00 a.m. NA/PH
12:00 a.m. –5:00 p.m. Carl Loges/ PCO
6:30 p.m. Tai Chi /PH
7:00 p.m. Praise Band/SANC

12 - Thursday

10:00 a.m.-2:00 p.m. House of Talents/CMR
12:15 p.m. Holy Eucharist/CH
4-5 p.m. Prayer Group/LIB
6:00 p.m. WSG/CR
6:00 p.m. NA WSR/PH
7:00 p.m. Shape Note Singers/CH
7:00 p.m. LCC Worship Prac./LIB & SANC

13 - Friday

10:00 a.m. NA/PH
12:00–5:00 p.m. Carl Loges/ PCO
5:00 p.m. – NA Ad-Hoc/CR
6:00 p.m. NA/PH
7:00 p.m. NA Reg. Sub./CR
7:00 p.m. Youth Group/3rd Floor

14 - Saturday

9:00 a.m. LCC Ladies Bible Study/LIB
10:00 a.m. Youth Group Hike at Gillette Castle
6:00 p.m. NA/PH

15– Sunday – Pentecost 19/Youth Sunday

8:00 a.m. Holy Eucharist
9:00 a.m. Adult Forum/CH
10:15 a.m. Holy Eucharist
1:00 p.m. LCC/CH & SANC
6:00 p.m. NA/PH

October Calendar continued on next page)

OCTOBER 2017 - continued

16 - Monday

10:00 a.m. NA/PH
12:00 –5:00 p.m. Carl Loges/ PCO
6:00 p.m. OEA/ CMR
7:00 p.m. Nar-Anon/CR
7:00 p.m. Buddhist/LIB

17 - Tuesday

6:30 p.m. Vestry Meeting/CMR
7:00 p.m. LCC/CH

18- Wednesday

9-11:00 a.m. Clothing Closet/BSMT
10:00 a.m. NA/PH
12:00–5:00 p.m. Carl Loges/ PCO
6:00 p.m. NA H&I/CR
6:30 p.m. Tai Chi /PH
7:00 p.m. Praise Band/SANC

19 - Thursday

10:00 a.m.-2:00 p.m. House of Talents/CMR
12:15 p.m. Holy Eucharist
4-5 p.m. Prayer Group/LIB
6:00 p.m. WSG/CR
7:00 p.m. LCC Worship Prac./CH & SANC

20 - Friday

10:00 a.m. NA/PH
12:00 –5:00 p.m. Carl Loges/ PCO
6:00 p.m. NA/PH

21 - Saturday

6:00 p.m. NA/PH

22 - Sunday – Pentecost 20

8:00 a.m. Holy Eucharist
9-10 a.m. Choir Practice/BSMT
10:15 a.m. Holy Eucharist
1:00 p.m. LCC/CH & SANC
5-7 p.m. NA PR/CR
6:00 p.m. NA/PH

23 - Monday

10:00 a.m. NA/PH
12:00 –5:00 p.m. Carl Loges/ PCO
6:00 p.m. OEA/ CMR
7:00 p.m. Nar-Anon/CR
7:00 p.m. Buddhist/LIB

24 – Tuesday

7:00 p.m. LCC/CH

25 - Wednesday

9-11:00 a.m. Clothing Closet/BSMT
10:00 a.m. NA/PH
12:00–5:00 p.m. Carl Loges/ PCO
6:30 p.m. Tai Chi /PH
7:00 p.m. Praise Band/SANC

26 - Thursday

10:00 a.m.-2:00 p.m. House of Talents/CMR
12:15 p.m. Holy Eucharist/CH
4-5 p.m. Prayer Group/LIB
6:00 p.m. WSG/CR
7:00 p.m. Shape Note Singers/CH
7:00 p.m. LCC Worship Prac./LIB & SANC

27 - Friday

10:00 a.m. NA/PH
12:00 –5:00 p.m. Carl Loges/ PCO
6:00 p.m. NA/PH
7:00 p.m. Youth Group/3rd Floor

28 - Saturday

6:00 p.m. NA/PH

29– Sunday – Pentecost 21

8:00 a.m. Holy Eucharist
9-10 a.m. Choir Practice/BSMT
9:00 a.m. Adult Forum/CH
10:15 a.m. Holy Eucharist & Sunday School
1:00 p.m. LCC/CH & SANC
6:00 p.m. NA/PH

30 - Monday

10:00 a.m. NA/PH
12:00 –5:00 p.m. Carl Loges/ PCO
6:00 p.m. OEA/ CMR
7:00 p.m. Nar-Anon/CR
7:00 p.m. Buddhist/LIB

31 - Tuesday – All Hallows' Eve

7:00 p.m. LCC/CH



Trinity TRUMPET

The Church of the Holy Trinity
381 Main Street
Middletown, CT 06457

OCTOBER SCHEDULE

Sundays

8:00 am Holy Eucharist

9:00 am Adult Forum

10:15 am Holy Eucharist

Third Sunday of the month —

Contemporary Family Service
with the Praise Band

Thursdays in the Chapel

12:15 pm Holy Eucharist